

STEWARDSHIP OF TIME

Devoting a proper portion of time
to prayer, to worship, to the family, and to community involvement.

Northwest Regional Retreat Opportunities

“Come away awhile...and rest.” *Mark 6:31* Is God calling you? Here is a list of retreat houses within driving distance of Bellingham. Some of these centers host private retreats, others have preached programs. Explore their web sites for complete descriptions of the services offered.

Seattle Archdiocese Retreat Center: <http://www.seattlearchdiocese.org/retreats/>

The Archbishop Brunett Retreat Center at the Palisades is located in a peaceful, natural setting of 39 secluded acres of woods, on a beachfront bluff overlooking Puget Sound, with steps to the beach, nature trails and a meditation garden with waterfalls.

Sisters of St. Joseph of Peace Spirituality Center: www.csjp.org/peace/pscenter.html

The mission of the Peace & Spirituality Center at St. Mary-on-the-Lake is to offer a place of peace, prayer, beauty and hospitality to all who seek renewal of spirit.

The Priory Spirituality Center: www.stplacid.org

St. Placid Priory is a women's Benedictine monastic community. They host The Priory Spirituality Center which is an ecumenical Christian ministry that encourages people of all faiths to seek and discern the voice of God in their lives and in the world. We offer a peaceful and contemplative setting for personal reflection. We encourage and challenge people to know the presence of God in their lives through classes, workshops, retreats and individual spiritual direction.

St. Martin's Abbey: www.stmartin.edu/abbey/index.htm

The Abbey has a few modest rooms available for visiting family members, personal guests, oblates, vocational candidates, as well as individuals on private retreat. Unfortunately we do not have a retreat center with all the common amenities or services. Our sister convent, St. Placid Priory, has as their primary apostolate, a spirituality center.

Westminster Abbey: www.westminsterabbey.ca

While the Abbey does not offer retreats, it does have a guest house. The Abbey is also close enough, just across the border, that one can visit for the day and join them in prayer. Their chants are also available on their website.

Rosemary Heights Retreat Center: <http://www.rosemaryheights.com>

Rosemary Height Retreat Center is owned and operated by the Archdiocese of Vancouver. We pray that our guests can encounter Christ in every aspect of their life so that they "shall renew their strength..... they shall run and not be weary..." (Isaiah 40: 31)

Our Lady of the Rock: <http://olrmonastery.org>

Our Lady of the Rock Monastery is a Benedictine monastery of women located in the heart of the beautiful San Juan Islands of Washington State. It is a place of recollection, prayer and joyous self-giving. Guests of all faiths are welcome to pray and work with the nuns, sharing in a part of their lives

Mt. Angel Abbey: <https://www.mountangelabbey.org>

"Come away to a quiet place by yourselves and rest awhile." (Mark 6:31)The Monks of Mount Angel Abbey welcome men and women of all faiths to spend time in prayer and reflection in the peaceful atmosphere of Benedictine monastic life and the unique natural environment of our hilltop.

Our Lady of Guadalupe Trappist Abbey: <http://trappistabbey.org>

Retreats are open to both women and men. Guest house retreats are undirected; however monks are available for a spiritual direction session upon request. A library is available as well as a wide assortment of audio tapes at Bethany House.

St. Gertrude's Monastery: www.stgertrudes.org

Spirit Center is a ministry of the Benedictine Sisters of the Monastery of St. Gertrude, located in north central Idaho in Cottonwood. This community is guided by the values of Healing Hospitality, Grateful Simplicity and Creative Peacemaking.

Ecumenical

Bethlehem Retreat Center: www.bethlehemretreatcentre.com

Bethlehem welcomes people from all walks of life – individuals walking a spiritual path founded in the tradition of their choice, church or other groups providing “time away” for their members, non-profit organizations in need of meeting space. Benedictine values and beliefs about humanity, healing, spirituality and peace are given expression through this hospitality and presence at the Retreat Centre.

Cascadian Center at Camp Brotherhood: www.cascadiancenter.org

Cascadian Center at Camp Brotherhood is a retreat and conference center founded in 1966 by Father William Treacy and Rabbi Raphael Levine to forge an interfaith dialog between all the world faiths and religions.

Stillpoint at Becksides: www.stillpointatbeckside.com

Stillpoint at Becksides is a spirituality center rooted in the Christian contemplative tradition. We welcome all those seeking to experience the mystery of God beyond the word “God”. Stillpoint offers the community resources and events to nourish and support one’s sacred journey into wholeness. Stillpoint provides inside and outside reflective space for exploring creative forms of prayer. A private reflective space (the Cabin) is available for individuals desiring to have a “Quiet Day”, but there are no overnight accommodations.